

WOMEN -44KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -47.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -50.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Preiss Jessica (2014)	85,5	Preiss Jessica (2014)	50,0	Preiss Jessica (2014)	112,5
SR	Monneron Aude (2026)	85,0	Lasser-Walt Michaela (2004)	47,5	Lasser-Walt Michaela (2006)	125,0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -53KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Schönholzer Selina (2014)	70,0	Schönholzer Selina (2014)	37,5	Schönholzer Selina (2014)	110,0
SR	Richoz Fabienne (2014)	100,0	Völkel Ramona (2008)	50,0		
M1						
M2			Alt Geneviève (2012)	47,5		
M3	Richoz Fabienne (2014) WR	100,0	Richoz Fabienne (2014)	60,0	Richoz Fabienne (2014)	122,5
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -55.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2017)	110,0	Reber Nicole (2007)	62,5	Eugster Sibylle (2012 SL EM)	125,0

M1			Richard Céline (2021) WR	75,0	Richard Céline (2021)	130,0
M2	Richoz Fabienne (2014)	75,0	Richoz Fabienne (2014)	50,0	Richoz Fabienne (2014)	120,0
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -58.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2019)	110,0	Kreutzer Hélène (2026)	63,0	Morgenthaler Linda (2015)	141,0
M1	Richard Céline 2022 WR	95,0	Richard Céline 2022 WR	75,0	Richard Céline 2022 WR	138,5
M2	Cailleau Colette (2021)	85,0	Cailleau Colette (2021)	50,0	Cailleau Colette (2021)	95,0
M3					Gysin Sonja (2014)	110,0
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -63KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Jäggi Deborah (2015)	110,0	Jäggi Deborah (2015)	60,0	Rous Nadia (2015)	130,0
SR	Stebler Barbara (2018)	112,5	Tatjana Abramides (2019)	67,5	Tatjana Abramides (2019)	135,5
M1	Richard Céline (2022)	90,0	Richard Céline (2022)	77,5	Richard Céline (2022)	137,5
M2	Nicole Reber (2026)	111,0	Nicole Reber (2026)	75,0	Nicole Reber (2024)	130,0
M3	Gysin Sonja (2015)	55,0	Gysin Sonja (2015)	37,5	Gysin Sonja (2015)	120,0
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -70KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Zeuggin Zita (2015)	77,5	Zeuggin Zita (2015)	42,5	Zeuggin Zita (2015)	110,0
SR	Gina Berther (2023)	135,0	Gina Berther (2024)	80,0	Gina Berther (2023) WR	195,0
M1	Zwicky Tanja (2015)	110,0	Zwicky Tanja (2015)	50,0		
M2			Refondini Valerie (2012 SL EM)	37,5	Reichmuth Nicole (2012 SL EM)	140,0
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -80KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Jäggi Nora (2015)	125,0	Jäggi Nora (2015)	75,0	Jäggi Nora (2015) WR	190,0
JR			Bally Laurance (2006)	55,0	Bally Laurance (2006)	130,0
SR	Steinger Nadine (2015)	125,0	Malachova Michaela (2019)	85,0	Vogt Caroline (2009 SL EM)	155,0
M1			Ortega Christel (2016)	61,0		
M2						
M3	Sciortino Ingrid (2022)	90,0	Sciortino Ingrid (2022)	62,5	Sciortino Ingrid (2021)	117,5
M4						
M5						
M6						
M7						
M8						

M9						
M10						
WOMEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Ortega Christel (2004)	100,0	Ortega Christel (2006)	80,0	Konate Natalia (2021)	150,0
M1			Ortega Christel (2015)	67,5		
M2			Ortega Christel (2021)	70,0		
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -110KG						
	SQUAT		BENCH		DEADLIFT	
T1	Ortega Enora (2022) WR	105,0	Ortega Enora (2021) WR	52,5	Ortega Enora (2022) WR	130,0
T2						
T3						
JR						
SR	Ortega Christel (2005)	100,0	Ortega Christel (2012 SL WM)	90,0		
M1						
M2						
M3						
M4					Facer Veronica (2009) WR	150,0
M5					Facer Veronica (2013) WR	155,0
M6						
M7						
M8						
M9						
M10						
WOMEN +110KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -52KG						
T1	Gisclon Mickaël (2005)	90,0	Gisclon Mickaël (2005)	57,2	Gisclon Mickaël (2005)	115,0
T2			Gindre Yohanne (2009)	52,5		
T3						
JR						
SR	Wyss My (2008)	95,0	Wyss My (2006) WR	115,0	Wyss My (2008)	100,0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -56KG						
	SQUAT		BENCH		DEADLIFT	
T1	Gisclon Mickaël (2006)	102,5	Gisclon Mickaël (2006)	70,0	Gisclon Mickaël (2006)	140,0
T2						
T3					Koch Harald (2007) WR	170,0
JR						
SR						

M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -60KG						
	SQUAT		BENCH		DEADLIFT	
T1			Steiniker Luca (2019)	70,0	Steiniker Luca (2019)	110,0
T2			Hardmeier Christophe (2006)	95,0	Martins Gomes Rodrigo (2026)	170,0
T3						
JR			Joye Ashim (2007)	75,0	Joye Ashim (2007)	145,0
SR			Knusel Benjamin (2016)	112,5	Rouvinez Thierry (2011 SL WM)	200,0
M1	Charnley Nick (2016)	132,5	Charnley Nick (2015)	75,0	Charnley Nick (2015)	170,0
M2						
M3						
M4			Trevisan Agostino (2001)	107,5		
M5			Trevisan Agostino (2003) WR	110,0		
M6			Trevisan Agostino (2011)	100,0		
M7			Trevisan Agostino (2014) WR	100,0		
M8						
M9						
M10						
MEN -67.5KG						
	SQUAT		BENCH		DEADLIFT	
T1			Aymon Jérôme (2012) WR	112,5		
T2			Wälti Floriant (2007)	95,0		
T3			Tor Mazlum (2008)	95,0		
JR	Bucher Yannick (2017)	150,0	Bucher Yannick (2017)	97,5	KUCI Fisnik (2016)	170,0
SR	Velarde Daniel (2018)	200,0	Velarde Daniel (2023)	150,0	Velarde Daniel (2018)	207,5
M1	Charnley Nick (2015)	125,0	Velarde Daniel (2023) WR	150,0	Charnley Nick (2014)	165,0
M2	Charnley Nick (2019)	115,0	Trevisan Michel (2016)	132,5		
M3					Koch Harald (2006)	180,0
M4						
M5			Trevisan Agostino (2006)	110,0		
M6			Trevisan Agostino (2013)	95,0		
M7			Trevisan Agostino (2015)	100,0		
M8						
M9						
M10						
MEN -75KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2	Von klitzing Nicholas (2019)	115,0	Voirol Cyril (2005)	110,0		
T3	Vez Bruno (2012 SL EM)	162,5	Vez Bruno (2012 SL EM)	115,0	Vez Bruno (2012 SL EM)	215,0
JR	Dorizzi Dario (2014)	180,0	Weyeneth Stefan (2019)	135,0	Dorizzi Dario (2014)	235,0
SR	Dario Dorrizzi(2015)	182,5	Favey John (2013 SL WM)	167,5	Dario Dorizzi (2015)	250,0
M1	Ferreira J-C (2008)	140,0	Velarde Daniel (2022)	147,5	Bomberger Daniel (2016)	200,0
M2	Velarde Daniel (2024)	205,0	Velarde Daniel (2024)	145,0	Fleury José (2011)	160,0
M3	Brancato Riccardo (2013 SL WM)	180,0	Brancato Riccardo (2014)	122,5	Brancato Riccardo (2014)	205,0
M4	Brancato Riccardo (2015)	160,0	Brancato Riccardo (2015)	117,5	Brancato Riccardo (2015)	207,5
M5			Roch Olivier (2025)	100,0		
M6			Dagon Jacques (2015)	117,5	Ingold Marcel (2013)	160,0
M7						
M8						
M9						
M10						
MEN -82.5KG						
	SQUAT		BENCH		DEADLIFT	
T1			Valloton Romain (2007)	80,0		
T2	Strong Felix (2023)	195,0	Strong Felix (2023)	125,0	Strong Felix (2023) WR	265,0
T3	Feliz Sebastian (2023)	180,0	Voirol Cyril (2007)	130,0	Messina Jassim (2023)	220,0
JR	Haddad Zyad (2022)	210,0	Sacha Pino (2021)	147,5	Neuenschwander David (2019)	250,0
SR	Haddad Zyad (2023)	212,5	Stefan Weyeneth (2024)	160,0	Arbey Quentin (2025)	262,5
M1			Ribeaud Yves (2010)	140,0		
M2	Novak Tom (2019)	172,5			Novak Tom (2019)	210,0
M3	Brancato Riccardo (2011)	185,0	Vito Carangelo (2002)	152,5	Brancato Riccardo (2011)	210,0
M4	Brancato Riccardo (2015)	160,0	Vito Carangelo (2003)	152,5	Brancato Riccardo (2015)	190,0
M5	Brancato Riccardo (2023)	152,5	Dagon Jacques (2011)	125,0	Brancato Riccardo (2023)	190,0
M6			Dagon Jacques (2015)	117,5		
M7						
M8					Ulrich Rene (2019)	150,0

M9						
M10						
MEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1			Marinkovic Toni (2008)	90,0		
T2	Syed Karim (2016)	160,0	Syed Karim (2016)	138,5	Syed Karim (2016)	200,0
T3	Strong Felix (2024) WR	221,0	Syed Karim (2017)	147,5	Strong Felix (2024) WR	286,0
JR	Häfliger Marc (2013)	190,0	Syed Karim (2021)	145,0	Häfliger Marc (2013)	240,0
SR	Meral Sinan (2019)	210,0	Karim Moussa (2017)	163,0	Hippenmeyer Damien (2025)	272,5
M1			Pernet Christian (2004)	140,0	Vallon Frédérique (2025)	225,0
M2			Kohler Hugo (2007)	135,0		
M3	Novak Tom (2023)	170,0	Novak Tom (2023)	100,0	Novak Tom (2023)	205,0
M4	Fleury José (2015)	140,0	Gwender Aldo (2024)	160,0	Fleury José (2015)	170,0
M5			Wiedmer Marcel (2006)	130,0	Ulrich René (2008)	191,0
M6			Bertolotti Jean (2014)	115,0	Ulrich René (2014)	194,0
M7			Charpié Philippe (2025)	75,0	Ulrich René (2013)	193,0
M8					Ulrich René (2015)	172,5
M9						
MEN -100KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Bartolucci Sandro (2021)	200,0	Kling Jérémy (2025)	127,5	Bartolucci Sandro (2021)	220,0
JR	Bartolucci Sandro (2021)	200,0	Bartolucci Enzo (2021)	160,0	Bartolucci Enzo (2021)	242,5
SR	Gysin Ramon (2017 SL WM)	271,0	Gongarad Roland (2012)	210,0	Gysin Ramon (2014)	290,0
M1	Voegeli Jean-Marie (2023)	195,0	Gongarad Roland (2018)	207,5	Batali Armin (2018)	225,0
M2			Aymon Jean-Pierre (2002)	190,0	Michoud John (2018)	207,5
M3			Aymon Jean-Pierre (2004) WR	190,0	Michoud John (2022)	195,0
M4	Michoud John (2025)	160,0	Gosteli Cyrill (2022)	117,5	Michoud John (2025)	170,0
M5			Bertolotti Jean (2005)	135,0	Lacroix Patrick (2024)	190,0
M6	Mathers Colin (2019)	100,0	Bertolotti Jean (2011)	120,0	Mathers Colin (2019)	180,0
M7	Mathers Colin (2023)	105,0	Mathers Colin (2024)	105,0	Mathers Colin (2024)	192,5
M8						
M9						
M10						
MEN -110KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Marinkovic Tony (2010)	127,5		
T3	Bartolucci Sandro (2022)	200,0	Selcukoglu E.(2008) ER	160,0	Bartolucci Enzo (2019)	250,0
JR			Bartolucci Enzo (2022)	170,0	Bartolucci Enzo (2022)	250,0
SR	Gysin Ramon (2018)	275,0	Gongarad Roland (2011)	210,0	Gysin Ramon (2018)	295,0
M1			Mack Alfred (2003)	167,5		
M2			De lucas Jimi (2001)	175,0	Patrick Mc Garrity (2024)	240,0
M3	Michoud John (2022)	175,0	De lucas Jimi (2006)	175,0	Michoud John (2022)	200,0
M4	Michoud John (2023)	165,0	De Luca Jimi (2009 SL WM)	155,0	Michoud John (2023)	190,0
M5					Lacroix Patrick (2025)	195,0
M6						
M7						
M8						
M9						
M10						
MEN -125KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Schiller Martin (2008)	115,0		
T3						
JR			Dilji Alem (2018)	167,5	Sven Kornett (2024)	312,5
SR	Ortega Michel (2009)	255,0	Surceaux Adrien (2026)	200,0	Ortega Michel (2009)	285,0
M1	Büchi Christoph (2018)	250,0	Linde Mario (2007)	192,5	Büchi Christoph (2019)	290,0
M2	Ortega Michel (2018)	200,0	Linde Mario (2010)	180,0	McGarrity Patrick (2023)	260,0
M3	Ortega Michel (2022)	220,0	De lucas Jimi (2003)	175,0	Ortega Michel (2022)	250,0
M4			De Luca Jimi (2010 SL EM)	152,5		
M5						
M6						
M7						
M8						
M9						
MEN -145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Mizov Georges (2011 SL WM)	245,0	Thévoz Julien (2023)	107,5	Thévoz Julien (2023)	225,0
M1						

M2			Zumbühl Markus (2002)	180,0		
M3			Zumbühl Markus (2008)	172,5		
M4						
M5						
M6					Ulrich René (2013) WR	192,5
M7						
M8						
M9						
M10						
MEN +145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						