

WOMEN -44KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -47.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -50.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	

T1	Wyss Chloé (2015) WR	62,5	Wyss Chloé (2015) WR	35,0	Wyss Chloé (2015) WR	72,5	Wyss Chloé (2015) WR	167,5
T2								
T3								
JR	Preiss Jessica (2014)	70,0	Preiss Jessica (2014)	50,0	Preiss Jessica (2014)	107,5	Preiss Jessica (2014)	227,5
OPEN	Lässer-Walt Michaela (2006)	80,0	Lässer-Walt Michaela (2004)	47,5	Lässer-Walt Michaela (2006)	122,5	Lässer-Walt Michaela (2006)	247,5
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -53KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Platz Christina (2016)	80,0	Platz Christina (2016)	50,0	Platz Christina (2016)	110,0	Platz Christina (2016)	240,0
JR	Schönholzer Selina (2014)	70,0	Schönholzer Selina (2014)	37,5	Schönholzer Selina (2014)	110,0	Schönholzer Selina (2014)	217,5
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -55.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								

JR								
OPEN	Fritschy Alexandra (2018)	110,0	Wagner Nancy (2005)	65,0	Fritschy Alexandra (2016)	132,5	Fritschy Alexandra (2018)	295,0
M1								
M2	Richoz Fabienne (2014)	75,0	Richoz Fabienne (2014)	50,0	Richoz Fabienne (2014)	120,0	Richoz Fabienne (2014)	245,0
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -58.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Miarelli Laila (15/02/2020)	92,5	Miarelli Laila (2020) WR	55,0	Miarelli Laila (15/02/2020)	117,5	Miarelli Laila (2020) WR	265,0
T3								
JR								
OPEN	Gerhards Claudia (2010)	115,0	Gerhards Claudia (2010)	60,0	Charrière Morgane (2022)	145,0	Charrière Morgane (2022)	320,0
M1								
M2	Colette Cailleau (15/02/2020)	80,0	Colette Cailleau (15/02/2020)	45,0	Colette Cailleau (15/02/2020)	90,0	Colette Cailleau (15/02/2020)	215,0
M3	Gysin Sonja (2016)	55,0	Gysin Sonja (2016)	38,0	Gysin Sonja (2016)	110,0	Gysin Sonja (2016)	203,0
M4	Gysin Sonja (2020)	57,5	Gysin Sonja (2020) ER	40,5	Gysin Sonja (2020) ER	112,5	Gysin Sonja (2020) ER	210,5
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -63KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR	Jäggi Deborah (2015)	110,0	Bauder Anja (2019)	67,5	Bauder Anja (2019)	130,0	Bauder Anja (2019)	302,5
OPEN	Gerhards Claudia (2010 PL WM)	120,0	Bleiker Elena (2007)	80,0	(15/02/2020)	157,5	Gerhards Claudia (2010 PL WM)	347,5
M1								

M2	Nicole Reber (2024)	100,0	Nicole Reber (2024)	70,0	Reichmuth Nicole (2013)	142,5	Reichmuth Nicole (2013)	277,5
M3	Gysin Sonja (2015)	55,0	Gysin Sonja (2015)	37,5	Gysin Sonja (2015)	120,0	Gysin Sonja (2015)	212,5
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -70KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Jäggi Nora (2013)	90,0	Jäggi Nora (2013)	55,0	Jäggi Nora (2013)	135,0	Jäggi Nora (2013)	280,0
T3								
JR	Jäggi Nora (2017)	135,0	Pergola Lorena (15/02/2020)	80,0	Jäggi Nora (2017)	170,0	Jäggi Nora (2017) WR	382,5
OPEN	Hurte Lindsay (2017)	137,5	Hurte Lindsay (2017)	87,5	Berther Gina (15/02/2020)	180,0	Berther Gina (15/02/2020)	382,5
M1	Zwicky Tanja (2015)	115,0	Zwicky Tanja (2016)	60,0	Zwicky Tanja (2016)	147,5	Zwicky Tanja (2015)	322,5
M2	Koch Janine (2017)	65,0	Koch Janine (2017)	45,0	Koch Janine (2017)	95,0	Koch Janine (2017)	205,0
M3								
M4	Kohler Monika (2017)	90,0	Kohler Monika (2019)	54,0	Kohler Monika (2017)	110,0	Kohler Monika (2017)	250,0
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -80KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Jäggi Nora SWI (2014 PL WM)	137,5	Jäggi Nora SWI (2014 PL WM)	77,5	Jäggi Nora SWI (2014) WR	207,5	Jäggi Nora SWI (2014) WR	422,5
JR	Jäggi Nora SWI (31/10/2015)	140,0	Jäggi Nora SWI (31/10/2015)	81,0	Jäggi Nora SWI (31/10/2015)	182,5	Jäggi Nora SWI (31/10/2015)	397,5
OPEN	Berther Gina (2025)	155,0	Berther Gina (2025)	100,0	Berther Gina (2025)	212,5	Berther Gina (2025)	467,5
M1								
M2								
M3								
M4								

M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -90KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Waterhouse Krysia (15/2/2020)	145,0	Waterhouse Krysia (15/2/2020)	95,0	Hatt Alicia (2019)	165,0	Waterhouse Krysia (15/2/2020)	400,0
M1								
M2								
M3	Schmutz Gabriela (2017)	85,0	Schmutz Gabriela (2017)	55,0	Schmutz Gabriela (2017)	105,0	Schmutz Gabriela (2017)	245,0
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -110KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Da Silva Malaika (21,03,2026)	160,0	Da Silva Malaika (21,03,2026)	85,0	Da Silva Malaika (21,03,2026)	180,0	Da Silva Malaika (21,03,2026)	425,0
M1								
M2								
M3								
M4								
M5								
M6								
M7								

M8								
M9								
M10								
WOMEN +110KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -56KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Gisclon Mickael (2006)	100,0	Gisclon Michael (2006)	67,5	Gisclon Michael (2006)	135,0	Gisclon Michael (2006)	302,5
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								

MEN -60KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wälti Florian (2005)	95,0	Wälti Florian (2005)	72,5	Wälti Florian (2005)	105,0	Wälti Florian (2005)	272,5
T2								
T3								
JR	Savio Giossi (2025)	200,0	Savio Giossi (2025)	135,0	Savio Giossi (2025)	205,0	Savio Giossi (2025)	540,0
OPEN								
M1	Charnley Nick (2016)	135,0	Charnley Nick (2015)	80,0	Charnley Nick (2016)	162,5	Charnley Nick (2016)	367,5
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -67.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wälti Florian (2006)	107,5	Wälti Florian (2006)	75,0	Wälti Florian (2006)	130,0	Wälti Florian (2006)	312,5
T2								
T3	Paulos Patrick (2017)	145,0	Paulos Patrick (2017)	82,5	Paulos Patrick (2017)	182,5	Paulos Patrick (2017)	410,0
JR	Brechbuhler Mike (2016)	150,0	Sutter Yannick (2017)	97,5	Brechbuhler Mike (2016)	200,0	Brechbuhler Mike (2016)	440,0
OPEN	Velarde Daniel (2019) WR	207,5	Velarde Daniel (2018)	142,5	Velarde Daniel (2020)	220,0	Velarde Daniel (2019 PL WM)	565,0
M1	Velarde Daniel (15/02/2020)	200,0	Velarde Daniel (15/02/2020)	140,0	Velarde Daniel (15/02/2020)	227,5	Velarde Daniel (15/02/2020)	567,5
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -75KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								

T2	Jackman Simeon (2011)	140,0	Jackman Simeon (2011)	80,0	Jackman Simeon (2011)	180,0	Jackman Simeon (2011)	400,0
T3	Nachbur Matthias (2014)	185,0	Nachbur Matthias (2014)	132,5	Vez Bruno (2012 PL WM)	220,0	Nachbur Matthias (2014)	532,5
JR	Giossi Savio (2025)	220,0	Giossi Savio (2025)	150,0	Dorizzi Dario (2014)	235,0	Giossi Savio (2025)	585,0
OPEN	Favey John (2012 PL WM)	182,5	Favey John (2012 PL EM)	157,5	Dario Dorrizzi(2015)	250,0	Favey John (2012 PL EM)	560,0
M1	Bomberger Daniel (2018)	140,0	Bomberger Daniel (2018)	92,5	Bomberger Daniel (2018)	210,0	Bomberger Daniel (2018)	442,5
M2	Brancato Riccardo (2009 EM)	170,0	Brancato Riccardo (2009 WM)	125,0	Brancato Riccardo (2009 WM)	210,0	Brancato Riccardo (2009 EM)	485,0
M3	Brancato Riccardo (2014)	160,0	Brancato Riccardo (2014)	117,5	Brancato Riccardo (2014)	210,0	Brancato Riccardo (2014)	487,5
M4	Brancato Riccardo (2014)	160,0	Brancato Riccardo	120,0	Brancato Riccardo	200,0	Brancato Riccardo (2015)	477,5
M5	Fleury José (2020)	150,0	Fleury José (2020)	97,5	Fleury José (2019 PLW M)	170,0	Fleury José (2020)	412,5
M6	Ingold Marcel (2015)	120,0	Ingold Marcel (2015)	82,5	Ingold Marcel (2015)	160,0	Ingold Marcel (2015)	362,5
M7								
M8								
M9								
M10								
MEN -82.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Felix Strong (2023)	172,5	Felix Strong (2023)	110,0	Felix Strong (2023) WR	245,0	Felix Strong (2023)	520,0
T3	Divorne Thoma (2023)	180,0	Divorne Thoma (2023)	140,0	Messina Jassim (2023)	230,0	Divorne Thoma (2023)	545,0
JR	Ferlay Aurélien (2023)	202,5	Dorizzi Dario (2013)	137,5	Dorizzi Dario (2013 PL WM)	245,0	Dorizzi Dario (2013 PL WM)	577,5
OPEN	Prizeman Edmund (2015)	220,0	Prizeman Edmund (2015)	155,0	Prizeman Edmund (2016)	260,0	Prizeman Edmund (2016)	635,0
M1	Aebi Markus (2008)	145,0	Aebi Markus (2008)	120,0	Bomberger Daniel (15/02/2020)	220,0	Aebi Markus (2008)	470,0
M2	Novak Tom (2018)	170,0	Brancato Riccardo (2010)	130,0	Novak Tom (2018)	215,0	Novak Tom (2018)	485,0
M3	Brancato Riccardo (2011)	185,0	Brancato Riccardo (2011)	130,0	Brancato Riccardo (2011)	210,0	Brancato Riccardo (2011)	525,0
M4	Brancato Riccardo (2015)	160,0	Brancato Riccardo (2015)	117,5	Brancato Riccardo (2015)	200,0	Brancato Riccardo (2015)	477,5
M5	Gosteli John (2003)	165,0	Riccardo Brancato (2023)	110,0	Riccardo Brancato (2023)	190,0	Riccardo Brancato (2023)	460,0
M6								
M7								
M8								
M9								
M10								
MEN -90KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Nicholas von Klitzing (2019 PL	165,0	Syed Karim (2016)	130,0	Nicholas von Klitzing (2019)	210,0	Syed Karim (2016)	485,0
T3	Syed Karim (2017)	160,0	Syed Karim (2017)	137,5	Syed Karim (2017)	192,5	Syed Karim (2017)	490,0
JR	Torres Cabral Fabio (2018)	220,0	Torres Cabral Fabio (2018)	142,5	Torres Cabral Fabio (2018)	250,0	Torres Cabral Fabio (2018)	612,5

OPEN	Jäggi Niklas (2015)	230,0	Racioppi Jonathane (2011)	150,0	Jäggi Niklas (2015)	285,0	Jäggi Niklas (2015)	655,0
M1	Wissler Thomas (2006)	200,0	Wissler Thomas (2006)	142,5	Wissler Thomas (2006)	260,0	Wissler Thomas (2006)	602,5
M2								
M3								
M4								
M5								
M6	Manz Alfred (2007)	120,0	Mathers Colin (2021)	100,0	Mathers Colin (2021)	190,0	Mathers Colin (2021)	380,0
M7								
M8								
M9								
M10								
MEN -100KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Strong Félix (2024)	220,0	Strong Félix (2024)	150,0	Strong Félix (2024)	275,0	Strong Félix (2024)	645,0
JR	Strong Félix (2026)	212,5	Strong Félix (2026)	155,0	Strong Félix (2026)	270,0	Strong Félix (2026)	637,5
OPEN	Gysin Ramon (2017) WR	279,0	Gongarad Roland (2012)	210,0	Gysin Ramon (2017 PL WM)	295,0	Gysin Ramon (2017 PL WM)	735,5
M1	Reiner Markus (2006)	192,5	Reiner Markus (2006)	160,0	Reiner Markus (2006)	250,0	Reiner Markus (2006)	600,0
M2								
M3	Litzler Laurent (2022)	135,0	Litzler Laurent (2022)	77,5	Litzler Laurent (2022)	155,0	Litzler Laurent (2022)	367,5
M4								
M5								
M6	Mathers Colin (2019)	85,0	Mathers Colin (2019)	105,0	Mathers Colin (2019)	175,0	Mathers Colin (2019)	360,0
M7	Mathers Colin (2026)	75,0	Mathers Colin (2026)	90,0	Mathers Colin (2026)	160,0	Mathers Colin (2026)	325,0
M8								
M9								
M10								
MEN -110KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR	Moor Patrick (15/2/2020)	210,0	Bartolucci Enzo (2023)	170,0	Bartolucci Enzo (2023)	262,5	Bartolucci Enzo (2023)	622,5
OPEN	Gysin Ramon (2018)	265,0	Mbassi Vladimir (15/02/2020)	213,0	Mbassi Vladimir (15/02/2020)	291,5	Mbassi Vladimir (15/02/2020)	754,5
M1								

M2							
M3	Zybell Sven (2019)	147,5	Zybell Sven (2019)	117,5	Zybell Sven (2019)	175,0	Zybell Sven (2019) 440,0
M4							
M5							
M6	Gosteli John (2005)	145,0	Gosteli John (2005)	105,0	Gosteli John (2005)	175,0	Gosteli John (2005) 425,0
M7							
M8							
M9							
M10							
MEN -125KG							
	SQUAT		BENCH		DEADLIFT		TOTAL
T1							
T2	Selcukoglu Ertug (2008)	190,0	Selcukoglu Ertug (2008)	165,0	Selcukoglu Ertug (2008)	230,0	Selcukoglu Ertug (2008) 585,0
T3							
JR	Walter Michael (2012)	220,0	Walter Michael (2012)	120,0	Walter Michael (2012)	260,0	Walter Michael (2012) 600,0
OPEN	Ortega Michel (2009)	255,0	Imhof Pascal (2021)	202,5	Imhof Pascal (2021)	310,0	Imhof Pascal (2021) 762,5
M1	Büchi Christoph (2020)	252,5	Büchi Christoph (2019 PL WM)	177,5	Büchi Christoph (2020)	302,5	Büchi Christoph (2020) 727,5
M2							
M3							
M4							
M5							
M6							
M7							
M8							
M9							
M10							
MEN -145KG							
	SQUAT		BENCH		DEADLIFT		TOTAL
T1							
T2							
T3							
JR							
OPEN	Mizov Georges 2010	235,0	Jehle Joachim (2005)	160,0	Jehle Joachim (2005)	225,0	Jehle Joachim (2005) 595,0
M1							
M2	Büchi Christoph (2021)	285,0	Büchi Christoph (2021)	190,0	Büchi Christoph (2021)	305,0	Büchi Christoph (2021) 780,0
M3	Büchi Christoph (2025)	265,0	Büchi Christoph (2025)	180,0	Büchi Christoph (2025)	300,0	Büchi Christoph (2025) 745,0

M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN +145KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2	Wheatley Gerrit (2021)	160,0	Wheatley Gerrit (2021)	145,0	Wheatley Gerrit (2023)	140,0	Wheatley Gerrit (2021)	425,0
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								