

UPDATE :

28.10.2023

WOMEN -44KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3					
JR					
SR					
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
WOMEN -47.5KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3					
JR					
SR					
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					

WOMEN -50.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Preiss Jessica (2014)	70.0	Preiss Jessica (2014)	50.0	Preiss Jessica (2014)	107.5
SR	Lasser-Walt Michaela (2006)	80.0	Lasser-Walt Michaela (2004)	47.5	Lasser-Walt Michaela (2006)	125.0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -53KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Schönholzer Selina (2014)	70.0	Schönholzer Selina (2014)	37.5	Schönholzer Selina (2014)	110.0
SR	Richoz Fabienne (2014) WR	100.0	Völkel Ramona (2008)	50.0		
M1						
M2			Alt Geneviève (2012)	47.5		
M3	Richoz Fabienne (2014) WR	100.0	Alt Geneviève (2014)	37.5		
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -55.5KG						

	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2017)	110.0	Reber Nicole (2007)	62.5	Eugster Sibylle (2012 SL EM)	125.0
M1			Richard Céline (2021) WR	75.0	Richard Céline (2021) WR	130.0
M2	Richoz Fabienne (2014)	75.0	Richoz Fabienne (2014)	50.0	Richoz Fabienne (2014)	120.0
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -58.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2019)	110.0	Morgenthaler Linda (2015)	61.0	Morgenthaler Linda (2015)	141.0
M1	Richard Céline 2022 WR	95.0	Richard Céline 2022 WR	75.0	Richard Céline 2022 WR	138.5
M2	Cailleau Colette (2021)	85.0	Cailleau Colette (2021)	50.0	Cailleau Colette (2021)	95.0
M3					Gysin Sonja (2014)	110.0
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -63KG						
	SQUAT		BENCH		DEADLIFT	

T1						
T2						
T3						
JR	Jäggi Deborah (2015)	110.0	Jäggi Deborah (2015)	60.0	Rous Nadia (2015)	130.0
SR	Stebler Barbara (2018)	112.5	Tatjana Abramides (2019)	67.5	Tatjana Abramides (2019)	135.0
M1	Richard Céline (2022)	90.0	Richard Céline (2022)	77.5	Richard Céline (2022)	137.5
M2			Bührer Monika (2010)	45.0		
M3	Gysin Sonja (2015)	55.0	Gysin Sonja (2015)	37.5	Gysin Sonja (2015)	120.0
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -70KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Zeuggin Zita (2015)	77.5	Zeuggin Zita (2015)	42.5	Zeuggin Zita (2015)	110.0
SR	Gina Berther (2023)	135.0	Gina Berther (2023)	75.0	Gina Berther (2023) WR	195.0
M1	Zwicky Tanja (2015)	110.0	Zwicky Tanja (2015)	50.0		
M2			Refondini Valerie (2012 SL EM)	37.5	Reichmuth Nicole (2012 SL EM)	140.0
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -80KG						
	SQUAT		BENCH		DEADLIFT	
T1						

T2						
T3	Jäggi Nora (2015)	125.0	Jäggi Nora (2015) WR	75.0	Jäggi Nora (2015) WR	190.0
JR			Bally Laurance (2006)	55.0	Bally Laurance (2006)	130.0
SR	Steinger Nadine (2015)	125.0	Malachova Michaela (2019)	85.0	Vogt Caroline (2009 SL EM)	155.0
M1			Ortega Christel (2016)	61.0		
M2						
M3	Sciortino Ingrid (2022)	90.0	Sciortino Ingrid (2022)	62.5	Sciortino Ingrid (2021)	117.5
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Ortega Christel (2004)	100.0	Ortega Christel (2006)	80.0	Konate Natalia (2021)	150.0
M1			Ortega Christel (2018)	67.5		
M2			Ortega Christel (2021)	70.0		
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN +90KG						
	SQUAT		BENCH		DEADLIFT	
T1	Ortega Enora (2022) WR	100.0	Ortega Enora (2021) WR	52.5	Ortega Enora (2022)	130.0
T2						

T3						
JR						
SR	Ortega Christel (2005)	100.0	Ortega Christel (2012 SL WM)	90.0		
M1						
M2						
M3						
M4				Facer Veronica (2009) WR	150.0	
M5				Facer Veronica (2013) WR	155.0	
M6						
M7						
M8						
M9						
M10						
MEN -52KG						
	SQUAT		BENCH		DEADLIFT	
T1	Gisclon Mickaël (2005)	90.0	Gisclon Mickaël (2005)	57.2	Gisclon Mickaël (2005)	115.0
T2			Gindre Yohanne (2009)	52.5		
T3						
JR						
SR	Wyss My (2008)	95.0	Wyss My (2006) WR	115.0	Wyss My (2008)	100.0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -56KG						
	SQUAT		BENCH		DEADLIFT	
T1	Gisclon Mickaël (2006)	102.5	Gisclon Mickaël (2006)	70.0	Gisclon Mickaël (2006)	140.0
T2						
T3					Koch Harald (2007) WR	170.0

JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -60KG						
	SQUAT		BENCH		DEADLIFT	
T1			Steiniker Luca (2019)	70.0	Steiniker Luca (2019)	110.0
T2			Hardmeier Christophe (2006)	95.0		
T3						
JR			Joye Ashim (2007)	75.0	Joye Ashim (2007)	145.0
SR			Knusel Benjamin (2016)	112.5	Rouvinez Thierry (2011 SL WM)	200.0
M1	Charnley Nick (2016) WR	132.5			Charnley Nick (2015)	170.5
M2						
M3						
M4			Trevisan Agostino (2001)	107.5		
M5			Trevisan Agostino (2003) WR	110.0		
M6			Trevisan Agostino (2011)	100.0		
M7			Trevisan Agostino (2014) WR	100.0		
M8						
M9						
M10						
MEN -67.5KG						
	SQUAT		BENCH		DEADLIFT	
T1			Aymon Jérôme (2012) WR	112.5		
T2			Wälti Floriant (2007)	95.0		
T3			Tor Mazlum (2008)	95.0		
JR			De la Harpe David (2015)	92.5	KUCI Fisnik (2016)	170.0

SR	Velarde Daniel (2018) WR	200.0	Velarde Daniel (2023)	150.0	Velarde Daniel (2018)	207.5
M1	Charnley Nick (2015)	125.0	Velarde Daniel (2023) WR	150.0		
M2	Charnley Nick (2019)	115.0	Trevisan Michel (2016)	132.5		
M3					Koch Harald (2006)	180.0
M4						
M5			Trevisan Agostino (2006)	110.0		
M6			Trevisan Agostino (2013)	95.0		
M7			Trevisan Agostino (2015)	100.0		
M8						
M9						
M10						
MEN -75KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Voirol Cyril (2005)	110.0		
T3	Veze Bruno (2012 SL EM)	162.5	Veze Bruno (2012 SL EM)	115.0	Veze Bruno (2012 SL EM)	215.0
JR	Von Klitzing Nicholas (2019)	120.0	Weyeneth Stefan (2019)	135.0	Dorizzi Dario (2014)	235.0
SR	Dario Dorizzi(2015)	182.5	Favey John (2013 SL WM)	167.5	Dario Dorizzi (2015)	250.0
M1	Ferreira J-C (2008)	140.0	Velarde Daniel (2022)	147.5	Bomberger Daniel (2016)	200.0
M2	Fleury José (2011)	135.0	Trevisan Michel (2014)	135.0	Fleury José (2011)	160.0
M3	Brancato Riccardo (2013 SL WM)	180.0	Brancato Riccardo (2013 SL WM)	117.5	Brancato Riccardo (2013 SL EM)	190.0
M4	Brancato Riccardo (2015)	160.0	Brancato Riccardo (2015)	117.5	Brancato Riccardo (2015)	207.5
M5			Walter Ruedi (2004)	72.5		
M6			Dagon Jacques (2015)	117.5	Ingold Marcel (2013)	160.0
M7						
M8						
M9						
M10						
MEN -82.5KG						
	SQUAT		BENCH		DEADLIFT	
T1			Valloton Romain (2007)	80.0		
T2	Strong Felix (2023)	195.0	Strong Felix (2023)	125.0	Strong Felix (2023)	265.0
T3	Feliz Sebastian (2023)	180.0	Voirol Cyril (2007)	130.0	Messina Jassim (2023)	220.0
JR	Sacha Pino (2021)	202.5	Sacha Pino (2021)	147.5	Neuenschwander David (2019)	250.0
SR	Strong Felix (2023)	195.0	Prizemann Edmund (2015)	140.0	Strong Felix (2023)	265.0

M1			Ribeaud Yves (2010)	140.0		
M2	Novak Tom (2019)	172.5			Novak Tom (2019)	210.0
M3	Brancato Riccardo (2011)	185.0	Vito Carangelo (2002)	152.5	Brancato Riccardo (2011 SL WM)	210.0
M4	Brancato Riccardo (2015)	160.0	Vito Carangelo (2003)	152.5	Brancato Riccardo (2015)	190.0
M5	Brancato Riccardo (2023)	152.5	Dagon Jacques (2011)	125.0	Brancato Riccardo (2023)	190.0
M6			Dagon Jacques (2015)	117.5		
M7						
M8					Ulrich Rene (2019)	150.0
M9						
M10						
MEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1			Marinkovic Toni (2008)	90.0		
T2	Syed Karim (2016)	160.0	Syed Karim (2016)	138.5	Syed Karim (2016)	200.0
T3						
JR	Häfliger Marc (2013)	190.0	Syed Karim (2021)	145.0	Häfliger Marc (2013)	240.0
SR	Niemand Dominic (2023)	202.5	Vogel Gerhard (2008)	162.5	Hippenmeyer Damien (2023)	255.0
M1			Pernet Christian (2004)	140.0	Hedinger Daniel (2010)	187.5
M2			Kohler Hugo (2007)	135.0		
M3	Novak Tom (2023)	170.0	Novak Tom (2023)	100.0	Novak Tom (2023)	205.0
M4	Fleury José (2015)	140.0			Fleury José (2015)	170.0
M5			Wiedmer Marcel (2006)	130.0	Ulrich René (2008)	191.0
M6			Bertolotti Jean (2014)	115.0	Ulrich René (2014)	194.0
M7					Ulrich René (2013 SL WM)	193.0
M8					Ulrich René (2015)	172.5
M9						
MEN -100KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Bartolucci Sandro (2021)	200.0	Bartolucci Sandro (2021)	120.0	Bartolucci Sandro	200.0
JR	Bartolucci Sandro (2021)	200.0	Bartolucci Enzo (2021)	160.0	Maltka Aubrey (2012 SL EM)	240.0
SR	Gysin Ramon (2017 SL WM)	271.0	Gongarad Roland (2012)	210.0	Gysin Ramon (2014)	281.0
M1	Voegeli Jean-Marie (2023)	195.0	Gongarad Roland (2018) WR	207.5	Batali Armin (2018)	225.0
M2			Aymon Jean-Pierre (2002)	190.0	Michoud John (2018)	207.5

M3			Aymon Jean-Pierre (2004) WR	190.0	Michoud John (2022)	195.0
M4			Gosteli Cyrill (2022)	117.5		
M5			Bertolotti Jean (2005)	135.0	Mathers Colin (2017)	150.0
M6	Mathers Colin (2019)	100.0	Bertolotti Jean (2011)	120.0	Mathers Colin (2019)	180.0
M7	Mathers Colin (2023)	105.0	Mathers Colin (2023)	100.0	Mathers Colin (2023)	180.0
M8						
M9						
M10						
MEN -110KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Marinkovic Tony (2010)	127.5		
T3	Bartolucci Sandro (2022)	190.0	Selcukoglu E.(2008) WR	160.0	Bartolucci Enzo (2019)	250.0
JR			Bartolucci Enzo (2022)	170.0		
SR	Gysin Ramon (2018)	275.0	Gongarad Roland (2011 SL WM)	210.0	Gysin Ramon (2018)	295.0
M1			Mack Alfred (2003)	167.5		
M2			De lucas Jimi (2001)	175.0		
M3	Michoud John (2022)	175.0	De lucas Jimi (2006)	175.0	Michoud John (2022)	200.0
M4	Michoud John (2023)	160.0	De Luca Jimi (2009 SL WM)	155.0	Michoud John (2023)	190.0
M5						
M6						
M7						
M8						
M9						
M10						
MEN -125KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Schiller Martin (2008)	115.0		
T3						
JR			Dilji Alem (2018)	168.0		
SR	Ortega Michel (2009 SL WM)	255.0	Pascal Imhof (2019 SL EM)	197.5	Ortega Michel (2009 SL WM)	285.0
M1	Büchi Christoph (2018)	250.0	Linde Mario (2007)	192.5	Büchi Christoph (2019 SL EM))	290.0
M2	Ortega Michel (2018)	200.0	Linde Mario (2010)	180.0	McGarrity Patrick (2023)	260.0
M3	Ortega Michel (2022)	220.0	De lucas Jimi (2003)	175.0	Ortega Michel (2022)	250.0

M4			De Luca Jimi (2010 SL EM)	152.5		
M5						
M6						
M7						
M8						
M9						
MEN -145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Mizov Georges (2011 SL WM)	245.0	Thévoz Julien (2023)	107.5	Thévoz Julien (2023)	225.0
M1						
M2			Zumbühl Markus (2002)	180.0		
M3			Zumbühl Markus (2008)	172.5		
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN +145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						

M6					
M7					
M8					
M9					
M10					