

UPDATE :

07.02.2025

WOMEN -44KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -47.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						

M10						
WOMEN -50.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Preiss Jessica (2014)	70,0	Preiss Jessica (2014)	50,0	Preiss Jessica (2014)	107,5
SR	Lasser-Walt Michaela (2006)	80,0	Lasser-Walt Michaela (2004)	47,5	Lasser-Walt Michaela (2006)	125,0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -53KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Schönholzer Selina (2014)	70,0	Schönholzer Selina (2014)	37,5	Schönholzer Selina (2014)	110,0
SR	Richoz Fabienne (2014) WR	100,0	Völkel Ramona (2008)	50,0		
M1						
M2			Alt Geneviève (2012)	47,5		
M3	Richoz Fabienne (2014) WR	100,0	Alt Geneviève (2014)	37,5		
M4						
M5						
M6						
M7						
M8						
M9						

M10						
WOMEN -55.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2017)	110,0	Reber Nicole (2007)	62,5	Eugster Sibylle (2012 SL EM)	125,0
M1			Richard Céline (2021) WR	75,0	Richard Céline (2021) WR	130,0
M2	Richoz Fabienne (2014)	75,0	Richoz Fabienne (2014)	50,0	Richoz Fabienne (2014)	120,0
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -58.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Fritschy Alexandra (2019)	110,0	Morgenthaler Linda (2015)	61,0	Morgenthaler Linda (2015)	141,0
M1	Richard Céline 2022 WR	95,0	Richard Céline 2022 WR	75,0	Richard Céline 2022 WR	138,5
M2	Cailleau Colette (2021)	85,0	Cailleau Colette (2021)	50,0	Cailleau Colette (2021)	95,0
M3					Gysin Sonja (2014)	110,0
M4						
M5						
M6						
M7						
M8						
M9						

M10						
WOMEN -63KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Jäggi Deborah (2015)	110,0	Jäggi Deborah (2015)	60,0	Rous Nadia (2015)	130,0
SR	Stebler Barbara (2018)	112,5	Tatjana Abramides (2019)	67,5	Tatjana Abramides (2019)	135,0
M1	Richard Céline (2022)	90,0	Richard Céline (2022)	77,5	Richard Céline (2022)	137,5
M2			Bührer Monika (2010)	45,0		
M3	Gysin Sonja (2015)	55,0	Gysin Sonja (2015)	37,5	Gysin Sonja (2015)	120,0
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -70KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Zeuggin Zita (2015)	77,5	Zeuggin Zita (2015)	42,5	Zeuggin Zita (2015)	110,0
SR	Gina Berther (2023)	135,0	Gina Berther (2023)	75,0	Gina Berther (2023) WR	195,0
M1	Zwicky Tanja (2015)	110,0	Zwicky Tanja (2015)	50,0		
M2			Refondini Valerie (2012 SL EM)	37,5	Reichmuth Nicole (2012 SL EM)	140,0
M3						
M4						
M5						
M6						
M7						
M8						
M9						

M10						
WOMEN -80KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Jäggi Nora (2015)	125,0	Jäggi Nora (2015) WR	75,0	Jäggi Nora (2015) WR	190,0
JR			Bally Laurance (2006)	55,0	Bally Laurance (2006)	130,0
SR	Steinger Nadine (2015)	125,0	Malachova Michaela (2019)	85,0	Vogt Caroline (2009 SL EM)	155,0
M1			Ortega Christel (2016)	61,0		
M2						
M3	Sciortino Ingrid (2022)	90,0	Sciortino Ingrid (2022)	62,5	Sciortino Ingrid (2021)	117,5
M4						
M5						
M6						
M7						
M8						
M9						
M10						
WOMEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Ortega Christel (2004)	100,0	Ortega Christel (2006)	80,0	Konate Natalia (2021)	150,0
M1			Ortega Christel (2018)	67,5		
M2			Ortega Christel (2021)	70,0		
M3						
M4						
M5						
M6						
M7						
M8						
M9						

M10						
WOMEN +90KG						
	SQUAT		BENCH		DEADLIFT	
T1	Ortega Enora (2022) WR	100,0	Ortega Enora (2021) WR	52,5	Ortega Enora (2022)	130,0
T2						
T3						
JR						
SR	Ortega Christel (2005)	100,0	Ortega Christel (2012 SL WM)	90,0		
M1						
M2						
M3						
M4					Facer Veronica (2009) WR	150,0
M5					Facer Veronica (2013) WR	155,0
M6						
M7						
M8						
M9						
M10						
MEN -52KG						
	SQUAT		BENCH		DEADLIFT	
T1	Gisclon Mickaël (2005)	90,0	Gisclon Mickaël (2005)	57,2	Gisclon Mickaël (2005)	115,0
T2			Gindre Yohanne (2009)	52,5		
T3						
JR						
SR	Wyss My (2008)	95,0	Wyss My (2006) WR	115,0	Wyss My (2008)	100,0
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						

M10						
MEN -56KG						
	SQUAT		BENCH		DEADLIFT	
T1	Gisclon Mickaël (2006)	102,5	Gisclon Mickaël (2006)	70,0	Gisclon Mickaël (2006)	140,0
T2						
T3					Koch Harald (2007) WR	170,0
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						
MEN -60KG						
	SQUAT		BENCH		DEADLIFT	
T1			Steiniker Luca (2019)	70,0	Steiniker Luca (2019)	110,0
T2			Hardmeier Christophe (2006)	95,0		
T3						
JR			Joye Ashim (2007)	75,0	Joye Ashim (2007)	145,0
SR			Knusel Benjamin (2016)	112,5	Rouvinez Thierry (2011 SL WM)	200,0
M1	Charnley Nick (2016) WR	132,5			Charnley Nick (2015)	170,5
M2						
M3						
M4			Trevisan Agostino (2001)	107,5		
M5			Trevisan Agostino (2003) WR	110,0		
M6			Trevisan Agostino (2011)	100,0		
M7			Trevisan Agostino (2014) WR	100,0		
M8						
M9						

M10					
MEN -67.5KG					
	SQUAT		BENCH		DEADLIFT
T1			Aymon Jérôme (2012) WR	112,5	
T2			Wälti Floriant (2007)	95,0	
T3			Tor Mazlum (2008)	95,0	
JR			De la Harpe David (2015)	92,5	KUCI Fisnik (2016) 170,0
SR	Velarde Daniel (2018) WR	200,0	Velarde Daniel (2023)	150,0	Velarde Daniel (2018) 207,5
M1	Charnley Nick (2015)	125,0	Velarde Daniel (2023) WR	150,0	
M2	Charnley Nick (2019)	115,0	Trevisan Michel (2016)	132,5	
M3					Koch Harald (2006) 180,0
M4					
M5			Trevisan Agostino (2006)	110,0	
M6			Trevisan Agostino (2013)	95,0	
M7			Trevisan Agostino (2015)	100,0	
M8					
M9					
M10					
MEN -75KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2			Voirol Cyril (2005)	110,0	
T3	Vez Bruno (2012 SL EM)	162,5	Vez Bruno (2012 SL EM)	115,0	Vez Bruno (2012 SL EM) 215,0
JR	Von Klitzing Nicholas (2019)	120,0	Weyeneth Stefan (2019)	135,0	Dorizzi Dario (2014) 235,0
SR	Dario Dorrizzi(2015)	182,5	Favey John (2013 SL WM)	167,5	Dario Dorizzi (2015) 250,0
M1	Ferreira J-C (2008)	140,0	Velarde Daniel (2022)	147,5	Bomberger Daniel (2016) 200,0
M2	Fleury José (2011)	135,0	Trevisan Michel (2014)	135,0	Fleury José (2011) 160,0
M3	Brancato Riccardo (2013 SL WM)	180,0	Brancato Riccardo (2013 SL WM)	117,5	Brancato Riccardo (2013 SL EM) 190,0
M4	Brancato Riccardo (2015)	160,0	Brancato Riccardo (2015)	117,5	Brancato Riccardo (2015) 207,5
M5			Walter Ruedi (2004)	72,5	
M6			Dagon Jacques (2015)	117,5	Ingold Marcel (2013) 160,0
M7					
M8					

M9					
M10					
MEN -82.5KG					
	SQUAT		BENCH		DEADLIFT
T1			Valloton Romain (2007)	80,0	
T2	Strong Felix (2023)	195,0	Strong Felix (2023)	125,0	Strong Felix (2023) 265,0
T3	Feliz Sebastian (2023)	180,0	Voirol Cyril (2007)	130,0	Messina Jassim (2023) 220,0
JR	Sacha Pino (2021)	202,5	Sacha Pino (2021)	147,5	Neuenschwander David (2019) 250,0
SR	Strong Felix (2023)	195,0	Prizemann Edmund (2015)	140,0	Strong Felix (2023) 265,0
M1			Ribaud Yves (2010)	140,0	
M2	Novak Tom (2019)	172,5			Novak Tom (2019) 210,0
M3	Brancato Riccardo (2011)	185,0	Vito Carangelo (2002)	152,5	Brancato Riccardo (2011 SL WM) 210,0
M4	Brancato Riccardo (2015)	160,0	Vito Carangelo (2003)	152,5	Brancato Riccardo (2015) 190,0
M5	Brancato Riccardo (2023)	152,5	Dagon Jacques (2011)	125,0	Brancato Riccardo (2023) 190,0
M6			Dagon Jacques (2015)	117,5	
M7					
M8					Ulrich Rene (2019) 150,0
M9					
M10					
MEN -90KG					
	SQUAT		BENCH		DEADLIFT
T1			Marinkovic Toni (2008)	90,0	
T2	Syed Karim (2016)	160,0	Syed Karim (2016)	138,5	Syed Karim (2016) 200,0
T3					
JR	Häfliger Marc (2013)	190,0	Syed Karim (2021)	145,0	Häfliger Marc (2013) 240,0
SR	Niemand Dominic (2023)	202,5	Karim Moussa (2017)	163,0	Hippenmeyer Damien (2023) 255,0
M1			Pernet Christian (2004)	140,0	Hedinger Daniel (2010) 187,5
M2			Kohler Hugo (2007)	135,0	
M3	Novak Tom (2023)	170,0	Novak Tom (2023)	100,0	Novak Tom (2023) 205,0
M4	Fleury José (2015)	140,0			Fleury José (2015) 170,0
M5			Wiedmer Marcel (2006)	130,0	Ulrich René (2008) 191,0
M6			Bertolotti Jean (2014)	115,0	Ulrich René (2014) 194,0
M7					Ulrich René (2013 SL WM) 193,0

M8					Ulrich René (2015)	172,5
M9						
MEN -100KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Bartolucci Sandro (2021)	200,0	Bartolucci Sandro (2021)	120,0	Bartolucci Sandro	200,0
JR	Bartolucci Sandro (2021)	200,0	Bartolucci Enzo (2021)	160,0	Maltka Aubrey (2012 SL EM)	240,0
SR	Gysin Ramon (2017 SL WM)	271,0	Gongarad Roland (2012)	210,0	Gysin Ramon (2014)	281,0
M1	Voegeli Jean-Marie (2023)	195,0	Gongarad Roland (2018) WR	207,5	Batali Armin (2018)	225,0
M2			Aymon Jean-Pierre (2002)	190,0	Michoud John (2018)	207,5
M3			Aymon Jean-Pierre (2004) WR	190,0	Michoud John (2022)	195,0
M4			Gosteli Cyrill (2022)	117,5		
M5			Bertolotti Jean (2005)	135,0	Mathers Colin (2017)	150,0
M6	Mathers Colin (2019)	100,0	Bertolotti Jean (2011)	120,0	Mathers Colin (2019)	180,0
M7	Mathers Colin (2023)	105,0	Mathers Colin (2023)	100,0	Mathers Colin (2023)	180,0
M8						
M9						
M10						
MEN -110KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Marinkovic Tony (2010)	127,5		
T3	Bartolucci Sandro (2022)	190,0	Selcukoglu E.(2008) WR	160,0	Bartolucci Enzo (2019)	250,0
JR			Bartolucci Enzo (2022)	170,0		
SR	Gysin Ramon (2018)	275,0	Gongarad Roland (2011 SL WM)	210,0	Gysin Ramon (2018)	295,0
M1			Mack Alfred (2003)	167,5		
M2			De lucas Jimi (2001)	175,0		
M3	Michoud John (2022)	175,0	De lucas Jimi (2006)	175,0	Michoud John (2022)	200,0
M4	Michoud John (2023)	160,0	De Luca Jimi (2009 SL WM)	155,0	Michoud John (2023)	190,0
M5						
M6						
M7						
M8						

M9						
M10						
MEN -125KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2			Schiller Martin (2008)	115,0		
T3						
JR			Dilji Alem (2018)	168,0		
SR	Ortega Michel (2009 SL WM)	255,0	Pascal Imhof (2019 SL EM)	197,5	Ortega Michel (2009 SL WM)	285,0
M1	Büchi Christoph (2018)	250,0	Linde Mario (2007)	192,5	Büchi Christoph (2019 SL EM))	290,0
M2	Ortega Michel (2018)	200,0	Linde Mario (2010)	180,0	McGarritty Patrick (2023)	260,0
M3	Ortega Michel (2022)	220,0	De lucas Jimi (2003)	175,0	Ortega Michel (2022)	250,0
M4			De Luca Jimi (2010 SL EM)	152,5		
M5						
M6						
M7						
M8						
M9						
MEN -145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR	Mizov Georges (2011 SL WM)	245,0	Thévoz Julien (2023)	107,5	Thévoz Julien (2023)	225,0
M1						
M2			Zumbühl Markus (2002)	180,0		
M3			Zumbühl Markus (2008)	172,5		
M4						
M5						
M6						
M7						
M8						
M9						

M10						
MEN +145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
SR						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						

WOMEN -53KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR	Schönholzer Selina (2014)	70	Schönholzer Selina (2014)	37,5
SR			Völkel Ramona (2008)	50
M1				
M2			Alt Geneviève (2012)	47,5
M3			Alt Geneviève (2014)	37,5
M4				
M5				
M6				
M7				
M8				
M9				
M10				
WOMEN -55.5KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR	Wyss Anna (2014)	100	Reber Nicole (2007)	62,5
M1				
M2	Richoz Fabienne (2014)	75	Richoz Fabienne (2014)	50
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				
WOMEN -58.5KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR	Fritschy Alexandra (2019)	110	Morgenthaler Linda (2015)	61
M1				
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				

WOMEN -63KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR	Jäggi Deborah (2015)	110	Jäggi Deborah (2015)	60
SR	Stebler Barbara (2018)	112,5	Tatjana Abramides (2019)	67,5
M1				
M2			Bührer Monika (2010)	45
M3	Gysin Sonja (2015)	55	Gysin Sonja (2015)	37,5
M4				
M5				
M6				
M7				
M8				
M9				
M10				
WOMEN -70KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR	Zeuggin Zita (2015)	77,5	Zeuggin Zita (2015)	42,5
SR	Gina Berther (2019)	118	Küttel Leonie (2019)	68
M1	Zwicky Tanja (2015)	110	Zwicky Tanja (2015)	50
M2			Refondini Valerie (2012 SL EM)	37,5
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				
WOMEN -80KG				
	SQUAT		BENCH	
T1				
T2				
T3	Jäggi Nora (2015)	125	Jäggi Nora (2015)	75
JR			Bally Laurance (2006)	55
SR	Steinger Nadine (2015)	125	Malachova Michaela (2019)	85
M1			Ortega Christel (2016)	61
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				

WOMEN -90KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR	Ortega Christel (2004)	100	Ortega Christel (2006)	80
M1			Ortega Christel (2018)	67,5
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				
WOMEN +90KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR	Ortega Christel (2005)	100	Ortega Christel (2012 SL WM)	90
M1				
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				
MEN -52KG				
	SQUAT		BENCH	
T1	Gisclon Mickaël (2005)	90	Gisclon Mickaël (2005)	57,2
T2			Gindre Yohanne (2009)	52,5
T3				
JR				
SR	Wyss My (2008)	95	Wyss My (2006)	115
M1				
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				

MEN -56KG				
	SQUAT		BENCH	
T1	Gisclon Mickaël (2006)	102,5	Gisclon Mickaël (2006)	70
T2				
T3				
JR				
SR				
M1				
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				
MEN -60KG				
	SQUAT		BENCH	
T1			Steiniker Luca (2019)	70
T2			Hardmeier Christophe (2006)	95
T3				
JR			Joye Ashim (2007)	75
SR			Knusel Benjamin (2016)	112,5
M1	Charnley Nick (2016)	132,5		
M2				
M3				
M4			Trevisan Agostino (2001)	107,5
M5			Trevisan Agostino (2004)	107,5
M6			Trevisan Agostino (2011)	100
M7			Trevisan Agostino (2016)	95
M8				
M9				
M10				
MEN -67.5KG				
	SQUAT		BENCH	
T1			Aymon Jérôme (2012 SL WM)	103
T2			Walti Floriant (2007)	95
T3			Tor Mazlum (2008)	95
JR			De la Harpe David (2015)	92,5
SR	Velarde Daniel (2018)	200	Charrière Jean-François (2016)	147,5
M1	Charnley Nick (2015)	125		
M2	Charnley Nick (2019)	115	Trevisan Michel (2016)	132,5
M3				
M4				
M5			Trevisan Agostino (2006)	110
M6			Trevisan Agostino (2013)	95
M7			Trevisan Agostino (2015)	100
M8				
M9				
M10				

MEN -75KG				
	SQUAT		BENCH	
T1				
T2			Voirol Cyril (2005)	110
T3	Vez Bruno (2012 SL EM)	162,5	Vez Bruno (2012 SL EM)	115
JR	Von Klitzing Nicholas (2019)	120	Weyeneth Stefan (2019)	135
SR	Dario Dorrizzi(2015)	182,5	Favey John (2013 SL WM)	167,5
M1	Ferreira J-C (2008)	140	Trevisan Michel (2011)	130
M2	Fleury José (2011)	135	Trevisan Michel (2014)	135
M3	Brancato Riccardo (2013 SL WM)	180	Brancato Riccardo (2013 SL WM)	117,5
M4	Brancato Riccardo (2015)	160	Brancato Riccardo (2015)	117,5
M5			Walter Ruedi (2004)	72,5
M6			Dagon Jacques (2015)	117,5
M7				
M8				
M9				
M10				
MEN -82.5KG				
	SQUAT		BENCH	
T1			Valloton Romain (2007)	80
T2			Nicholas von Klitzing (2019 SL WM)	190
T3			Voirol Cyril (2007)	130
JR	Wattas Georges (2016)	200	Syed Karim (2019)	140,5
SR	Meral Sinan (2018)	202,5	Meral Sinan (2018)	155
M1			Ribeaud Yves (2010)	140
M2	Novak Tom (2019)	172,5		
M3	Brancato Riccardo (2011)	185	Vito Carangelo (2002)	152,5
M4	Brancato Riccardo (2015)	160	Vito Carangelo (2003)	152,5
M5			Dagon Jacques (2011)	125
M6			Dagon Jacques (2015)	117,5
M7				
M8				
M9				
M10				
MEN -90KG				
	SQUAT		BENCH	
T1			Marinkovic Toni (2008)	90
T2	Syed Karim (2016)	160	Syed Karim (2016)	138,5
T3				
JR	Häfliger Marc (2013)	190	Cuennet Gaël (2013 SL WM)	142,5
SR	Schwander Tom (2014)	200	Vogel Gerhard (2008)	162,5
M1			Pernet Christian (2004)	140
M2			Kohler Hugo (2007)	135
M3				
M4	Fleury José (2015)	140		
M5			Wiedmer Marcel (2006)	130
M6			Bertolotti Jean (2014)	115
M7				
M8				
M9				

DEADLIFT	
Vez Bruno (2012 SL EM)	215
Dorizzi Dario (2014)	235
Dario Dorizzi (2015)	250
Bomberger Daniel (2016)	200
Fleury José (2011)	160
Brancato Riccardo (2013 SL EM)	190
Brancato Riccardo (2015)	207,5
Ingold Marcel (2013)	160

DEADLIFT	
Laurent Michael (2006)	170
Neuenschwander David (2019)	250
Dorizzi Dario (2018)	260
Novak Tom (2019)	210
Brancato Riccardo (2011 SL WM)	210
Brancato Riccardo (2015)	190
Ulrich Rene (2019)	150

DEADLIFT	
Syed Karim (2016)	200
Häfliger Marc (2013)	240
Dorizzi Dario (2019)	251
Hedinger Daniel (2010)	187,5
Fleury José (2015)	170
Ulrich René (2008)	191
Ulrich René (2014)	194
Ulrich René (2013 SL WM)	193
Ulrich René (2015)	172,5

M10				
MEN -100KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR			Danielyan Arman (2019)	130
SR	Gysin Ramon (2017 SL WM)	271	Gongarad Roland (2012)	210
M1	Wyss Markus (2014)	192,5	Gongarad Roland (2018)	207,5
M2			Aymon Jean-Pierre (2002)	190
M3			Aymon Jean-Pierre (2002)	190
M4				
M5			Bertolotti Jean (2005)	135
M6	Mathers Colin (2019)	100	Bertolotti Jean (2011)	120
M7				
M8				
M9				
M10				
MEN -110KG				
	SQUAT		BENCH	
T1				
T2			Marinkovic Tony (2010)	127,5
T3			Bartolucci Enzo (2019)	145
JR				
SR	Gysin Ramon (2018)	275	Gongarad Roland (2011 SL WM)	210
M1			Mack Alfred (2003)	167,5
M2			De lucas Jimi (2001)	175
M3			De lucas Jimi (2006)	175
M4			De Luca Jimi (2009 SL WM)	155
M5				
M6				
M7				
M8				
M9				
M10				
MEN -125KG				
	SQUAT		BENCH	
T1				
T2			Schiller Martin (2008)	115
T3				
JR			Dilji Alem (2018)	168
SR	Ortega Michel (2009 SL WM)	255	Pascal Imhof (2019 SL EM)	197,5
M1	Büchi Christoph (2018)	250	Linde Mario (2007)	192,5
M2	Ortega Michel (2018)	200	Linde Mario (2010)	180
M3			De lucas Jimi (2003)	175
M4			De Luca Jimi (2010 SL EM)	152,5
M5				
M6				
M7				
M8				
M9				

DEADLIFT	
Maltka Aubrey (2012 SL EM)	240
Gysin Ramon (2014)	281
Batali Armin (2018)	225
Michoud John (2018)	207,5
Mathers Colin (2017)	150
Mathers Colin (2019)	180

DEADLIFT	
Bartolucci Enzo (2019)	250
Gysin Ramon (2018)	295

DEADLIFT	
Ortega Michel (2009 SL WM)	285
Büchi Christoph (2019 SL EM))	290
Hüsler Alfredo (2019)	190
Schneider Daniel (2016)	235

M10				
MEN -145KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR	Mizov Georges (2011 SL WM)	245		
M1				
M2			Zumbühl Markus (2002)	180
M3			Zumbühl Markus (2008)	172,5
M4				
M5				
M6				
M7				
M8				
M9				
M10				
MEN +145KG				
	SQUAT		BENCH	
T1				
T2				
T3				
JR				
SR				
M1				
M2				
M3				
M4				
M5				
M6				
M7				
M8				
M9				
M10				

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