

UPDATE : 31.03.2025

WOMEN -44KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -47.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -50.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wyss Chloé (2015) WR	62,5	Wyss Chloé (2015) WR	35,0	Wyss Chloé (2015) WR	72,5	Wyss Chloé (2015) WR	167,5
T2								
T3								
JR	Preiss Jessica (2014)	70,0	Preiss Jessica (2014)	50,0	Preiss Jessica (2014)	107,5	Preiss Jessica (2014)	227,5

OPEN	Lässer-Walt Michaela (2006)	80,0	Lässer-Walt Michaela (2004)	47,5	Lässer-Walt Michaela (2006)	122,5	Lässer-Walt Michaela (2006)	247,5
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -53KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Platz Christina (2016)	80,0	Platz Christina (2016)	50,0	Platz Christina (2016)	110,0	Platz Christina (2016)	240,0
JR	Schönholzer Selina (2014)	70,0	Schönholzer Selina (2014)	37,5	Schönholzer Selina (2014)	110,0	Schönholzer Selina (2014)	217,5
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -55.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Fritschy Alexandra (2018)	110,0	Wagner Nancy (2005)	65,0	Fritschy Alexandra (2016)	132,5	Fritschy Alexandra (2018)	295,0
M1								
M2	Richoz Fabienne (2014)	75,0	Richoz Fabienne (2014)	50,0	Richoz Fabienne (2014)	120,0	Richoz Fabienne (2014)	245,0
M3								
M4								
M5								
M6								

M7								
M8								
M9								
M10								
WOMEN -58.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Miarelli Laila (15/02/2020)	92,5	Miarelli Laila (2020) WR	55,0	Miarelli Laila (15/02/2020)	117,5	Miarelli Laila (2020) WR	265,0
T3								
JR								
OPEN	Gerhards Claudia (2010)	115,0	Gerhards Claudia (2010)	60,0	Charrière Morgane (2022)	145,0	Charrière Morgane (2022)	320,0
M1								
M2	Colette Cailleau (15/02/2020)	80,0	Colette Cailleau (15/02/2020)	45,0	Colette Cailleau (15/02/2020)	90,0	Colette Cailleau (15/02/2020)	215,0
M3	Gysin Sonja (2016)	55,0	Gysin Sonja (2016)	38,0	Gysin Sonja (2016)	110,0	Gysin Sonja (2016)	203,0
M4	Gysin Sonja (2020)	57,5	Gysin Sonja (2020) ER	40,5	Gysin Sonja (2020) ER	112,5	Gysin Sonja (2020) ER	210,5
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -63KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR	Jäggi Deborah (2015)	110,0	Bauder Anja (2019)	67,5	Bauder Anja (2019)	130,0	Bauder Anja (2019)	302,5
OPEN	Gerhards Claudia (2010 PL WM)	120,0	Bleiker Elena (2007)	80,0	(15/02/2020)	157,5	Gerhards Claudia (2010 PL WM)	347,5
M1								
M2	Nicole Reber (2024)	100,0	Nicole Reber (2024)	70,0	Reichmuth Nicole (2013)	142,5	Reichmuth Nicole (2013)	277,5
M3	Gysin Sonja (2015)	55,0	Gysin Sonja (2015)	37,5	Gysin Sonja (2015)	120,0	Gysin Sonja (2015)	212,5
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -70KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								

T2	Jäggi Nora (2013)	90,0	Jäggi Nora (2013)	55,0	Jäggi Nora (2013)	135,0	Jäggi Nora (2013)	280,0
T3								
JR	Jäggi Nora (2017)	135,0	Pergola Lorena (15/02/2020)	80,0	Jäggi Nora (2017)	170,0	Jäggi Nora (2017) WR	382,5
OPEN	Hurte Lindsay (2017)	137,5	Hurte Lindsay (2017)	87,5	Berther Gina (15/02/2020)	180,0	Berther Gina (15/02/2020)	382,5
M1	Zwicky Tanja (2015)	115,0	Zwicky Tanja (2016)	60,0	Zwicky Tanja (2016)	147,5	Zwicky Tanja (2015)	322,5
M2	Koch Janine (2017)	65,0	Koch Janine (2017)	45,0	Koch Janine (2017)	95,0	Koch Janine (2017)	205,0
M3								
M4	Kohler Monika (2017)	90,0	Kohler Monika (2019)	54,0	Kohler Monika (2017)	110,0	Kohler Monika (2017)	250,0
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -80KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Jäggi Nora SWI (2014 PL WM)	137,5	Jäggi Nora SWI (2014 PL	77,5	Jäggi Nora SWI (2014) WR	207,5	Jäggi Nora SWI (2014) WR	422,5
JR	Jäggi Nora SWI (31/10/2015)	140,0	Jäggi Nora SWI (31/10/2015)	81,0	Jäggi Nora SWI (31/10/2015)	182,5	Jäggi Nora SWI (31/10/2015)	397,5
OPEN	Berther Gina (2025)	152,5	Berther Gina (2024)	90,0	Berther Gina (2025)	205,0	Berther Gina (2024)	445,0
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN -90KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Waterhouse Krysia (15/2/2020)	145,0	Waterhouse Krysia	95,0	Hatt Alicia (2019)	165,0	Waterhouse Krysia	400,0
M1								
M2								
M3	Schmutz Gabriela (2017)	85,0	Schmutz Gabriela (2017)	55,0	Schmutz Gabriela (2017)	105,0	Schmutz Gabriela (2017)	245,0

M4								
M5								
M6								
M7								
M8								
M9								
M10								
WOMEN +90KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Svendsen Charlotte (15/02/2020)	145,0	Svendsen Charlotte (15/02/2020)	105,0	Svendsen Charlotte (15/02/2020)	192,5	Svendsen Charlotte (15/02/2020)	442,5
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -52KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Gisclon Mickael (2005)	70,0	Gisclon Michael (2005)	42,5	Gisclon Michael (2005)	100,0	Gisclon Michael (2005)	212,5
T2								
T3								
JR								
OPEN	Wyss My (2008)	95,0	Wyss My (2008)	102,5	Wyss My (2008)	100,0	Wyss My (2008)	297,5
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								

M10								
MEN -56KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Gisclon Mickael (2006)	100,0	Gisclon Michael (2006)	67,5	Gisclon Michael (2006)	135,0	Gisclon Michael (2006)	302,5
T2								
T3								
JR								
OPEN								
M1								
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -60KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wälti Florian (2005)	95,0	Wälti Florian (2005)	72,5	Wälti Florian (2005)	105,0	Wälti Florian (2005)	272,5
T2								
T3								
JR	Savio Giossi (2025)	200,0	Savio Giossi (2025)	135,0	Savio Giossi (2025)	205,0	Savio Giossi (2025)	540,0
OPEN								
M1	Charnley Nick (2016)	135,0	Charnley Nick (2015)	80,0	Charnley Nick (2016)	162,5	Charnley Nick (2016)	367,5
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -67.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wälti Florian (2006)	107,5	Wälti Florian (2006)	75,0	Wälti Florian (2006)	130,0	Wälti Florian (2006)	312,5
T2								
T3	Paulos Patrick (2017)	145,0	Paulos Patrick (2017)	82,5	Paulos Patrick (2017)	182,5	Paulos Patrick (2017)	410,0
JR	Brechbuhler Mike (2016)	150,0	Sutter Yannick (2017)	97,5	Brechbuhler Mike (2016)	200,0	Brechbuhler Mike (2016)	440,0

OPEN	Velarde Daniel (2019) WR	207,5	Velarde Daniel (2018)	142,5	Velarde Daniel (2020)	220,0	Velarde Daniel (2019 PL WM)	565,0
M1	Velarde Daniel (15/02/2020)	200,0	Velarde Daniel (15/02/2020)	140,0	Velarde Daniel (15/02/2020)	227,5	Velarde Daniel (15/02/2020)	567,5
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -75KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Jackman Simeon (2011)	140,0	Jackman Simeon (2011)	80,0	Jackman Simeon (2011)	180,0	Jackman Simeon (2011)	400,0
T3	Nachbur Matthias (2014)	185,0	Nachbur Matthias (2014)	132,5	Vez Bruno (2012 PL WM)	220,0	Nachbur Matthias (2014)	532,5
JR	Dorizzi Dario (2014)	180,0	Dorizzi Dario (2014)	125,0	Dorizzi Dario (2014)	235,0	Dorizzi Dario (2014)	540,0
OPEN	Favey John (2012 PL WM)	182,5	Favey John (2012 PL EM)	157,5	Dario Dorrizzi(2015)	250,0	Favey John (2012 PL EM)	560,0
M1	Bomberger Daniel (2018)	140,0	Bomberger Daniel (2018)	92,5	Bomberger Daniel (2018)	210,0	Bomberger Daniel (2018)	442,5
M2	Brancato Riccardo (2009 EM)	170,0	Brancato Riccardo (2009 WM)	125,0	Brancato Riccardo (2009 WM)	210,0	Brancato Riccardo (2009 EM)	485,0
M3	Brancato Riccardo (2014)	160,0	Brancato Riccardo (2014)	117,5	Brancato Riccardo (2014)	210,0	Brancato Riccardo (2014)	487,5
M4	Brancato Riccardo (2014)	160,0	Brancato Riccardo	120,0	Brancato Riccardo	200,0	Brancato Riccardo (2015)	477,5
M5	Fleury José (2020)	150,0	Fleury José (2020)	97,5	Fleury José (2019 PLW M)	170,0	Fleury José (2020)	412,5
M6	Ingold Marcel (2015)	120,0	Ingold Marcel (2015)	82,5	Ingold Marcel (2015)	160,0	Ingold Marcel (2015)	362,5
M7								
M8								
M9								
M10								
MEN -82.5KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Felix Strong (2023)	172.5	Felix Strong (2023)	110,0	Felix Strong (2023) WR	245,0	Felix Strong (2023)	520,0
T3	Divorne Thoma (2023)	180,0	Divorne Thoma (2023)	140,0	Messina Jassim (2023)	230,0	Divorne Thoma (2023)	545,0
JR	Ferlay Aurélien (2023)	202,5	Dorizzi Dario (2013)	137,5	Dorizzi Dario (2013 PL WM)	245,0	Dorizzi Dario (2013 PL WM)	577,5
OPEN	Prizeman Edmund (2015)	220,0	Prizeman Edmund (2015)	155,0	Prizeman Edmund (2016)	260,0	Prizeman Edmund (2016)	635,0
M1	Aebi Markus (2008)	145,0	Aebi Markus (2008)	120,0	Bomberger Daniel (15/02/2020)	220,0	Aebi Markus (2008)	470,0
M2	Novak Tom (2018)	170,0	Brancato Riccardo (2010)	130,0	Novak Tom (2018)	215,0	Novak Tom (2018)	485,0
M3	Brancato Riccardo (2011)	185,0	Brancato Riccardo (2011)	130,0	Brancato Riccardo (2011)	210,0	Brancato Riccardo (2011)	525,0
M4	Brancato Riccardo (2015)	160,0	Brancato Riccardo (2015)	117,5	Brancato Riccardo (2015)	200,0	Brancato Riccardo (2015)	477,5
M5	Gosteli John (2003)	165,0	Riccardo Brancato (2023)	110,0	Riccardo Brancato (2023)	190,0	Riccardo Brancato (2023)	460,0
M6								

M7								
M8								
M9								
M10								
MEN -90KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Nicholas von Klitzing (2019 PL)	165,0	Syed Karim (2016)	130,0	Nicholas von Klitzing (2019)	210,0	Syed Karim (2016)	485,0
T3	Syed Karim (2017)	160,0	Syed Karim (2017)	137,5	Syed Karim (2017)	192,5	Syed Karim (2017)	490,0
JR	Torres Cabral Fabio (2018)	220,0	Torres Cabral Fabio (2018)	142,5	Torres Cabral Fabio (2018)	250,0	Torres Cabral Fabio (2018)	612,5
OPEN	Jäggi Niklas (2015)	230,0	Racioppi Jonathane (2011)	150,0	Jäggi Niklas (2015)	285,0	Jäggi Niklas (2015)	655,0
M1	Wissler Thomas (2006)	200,0	Wissler Thomas (2006)	142,5	Wissler Thomas (2006)	260,0	Wissler Thomas (2006)	602,5
M2								
M3								
M4								
M5								
M6	Manz Alfred (2007)	120,0	Mathers Colin (2021)	100,0	Mathers Colin (2021)	190,0	Mathers Colin (2021)	380,0
M7								
M8								
M9								
M10								
MEN -100KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3	Strong Félix (2024)	220,0	Strong Félix (2024)	150,0	Strong Félix (2024)	275,0	Strong Félix (2024)	645,0
JR	BUCCI Leornado (2017)	210,0	Michel-Grosjean Elliot (2018)	152,5	Michel-Grosjean Elliot (2018)	240,0	Michel-Grosjean Elliot (2018)	602,5
OPEN	Gysin Ramon (2017) WR	279,0	Gongarad Roland (2012)	210,0	Gysin Ramon (2017 PL WM)	295,0	Gysin Ramon (2017 PL WM)	735,5
M1	Reiner Markus (2006)	192,5	Reiner Markus (2006)	160,0	Reiner Markus (2006)	250,0	Reiner Markus (2006)	600,0
M2								
M3	Litzler Laurent (2022)	135,0	Litzler Laurent (2022)	77,5	Litzler Laurent (2022)	155,0	Litzler Laurent (2022)	367,5
M4								
M5								
M6	Mathers Colin (2019)	85,0	Mathers Colin (2019)	105,0	Mathers Colin (2019)	175,0	Mathers Colin (2019)	360,0
M7								
M8								
M9								
M10								
MEN -110KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								

T2								
T3								
JR	Moor Patrick (15/2/2020)	210,0	Bartolucci Enzo (2023)	170,0	Bartolucci Enzo (2023)	262,5	Bartolucci Enzo (2023)	622,5
OPEN	Gysin Ramon (2018)	265,0	Mbassi Vladimir (15/02/2020)	213,0	Mbassi Vladimir (15/02/2020)	291,5	Mbassi Vladimir (15/02/2020)	754,5
M1								
M2								
M3	Zybell Sven (2019)	147,5	Zybell Sven (2019)	117,5	Zybell Sven (2019)	175,0	Zybell Sven (2019)	440,0
M4								
M5								
M6	Gosteli John (2005)	145,0	Gosteli John (2005)	105,0	Gosteli John (2005)	175,0	Gosteli John (2005)	425,0
M7								
M8								
M9								
M10								
MEN -125KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2	Selcukoglu Ertug (2008)	190,0	Selcukoglu Ertug (2008)	165,0	Selcukoglu Ertug (2008)	230,0	Selcukoglu Ertug (2008)	585,0
T3								
JR	Walter Michael (2012)	220,0	Walter Michael (2012)	120,0	Walter Michael (2012)	260,0	Walter Michael (2012)	600,0
OPEN	Ortega Michel (2009)	255,0	Imhof Pascal (2021)	202,5	Imhof Pascal (2021)	310,0	Imhof Pascal (2021)	762,5
M1	Büchi Christoph (2020)	252,5	Büchi Christoph (2019 PL)	177,5	Büchi Christoph (2020)	302,5	Büchi Christoph (2020)	727,5
M2								
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN -145KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN	Mizov Georges 2010	235,0	Jehle Joachim (2005)	160,0	Jehle Joachim (2005)	225,0	Jehle Joachim (2005)	595,0
M1								
M2	Büchi Christoph (2021)	285,0	Büchi Christoph (2021)	190,0	Büchi Christoph (2021)	305,0	Büchi Christoph (2021)	780,0
M3	Büchi Christoph (2025)	240,0	Büchi Christoph (2025)	170,0	Büchi Christoph (2025)	300,0	Büchi Christoph (2025)	710,0

M4								
M5								
M6								
M7								
M8								
M9								
M10								
MEN +145KG								
	SQUAT		BENCH		DEADLIFT		TOTAL	
T1								
T2								
T3								
JR								
OPEN								
M1								
M2	Wheatley Gerrit (2021)	160,0	Wheatley Gerrit (2021)	145,0	Wheatley Gerrit (2023)	140,0	Wheatley Gerrit (2021)	425,0
M3								
M4								
M5								
M6								
M7								
M8								
M9								
M10								

WOMEN -58.5KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2	Miarelli Laila (15/02/2020)	92.5	Miarelli Laila (15/02/2020)	55	Miarelli Laila (15/02/2020) 117.5
T3					
JR					
OPEN	Gerhards Claudia (2010)	115	Gerhards Claudia (2010)	60	Morgenthaler Linda (2015) 141
M1					
M2	Colette Cailleau (15/02/2020)	80	Colette Cailleau (15/02/2020)	45	Colette Cailleau (15/02/2020) 90
M3	Gysin Sonja (2016)	55	Gysin Sonja (2016)	38	Gysin Sonja (2016) 110
M4	Gysin Sonja (15/02/2020)	57.5	Gysin Sonja (15/02/2020)	40.5	Gysin Sonja (15/02/2020) 112.5
M5					
M6					
M7					
M8					
M9					
M10					
WOMEN -63KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3					
JR	Jäggi Deborah (2015)	110	Bauder Anja (2019)	67.5	Bauder Anja (2019) 130.5
OPEN	Gerhards Claudia (2010 PL WM)	120	Bleiker Elena (2007)	80	Rimensberger Victoria (15/02/2020) 157.5
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
WOMEN -70KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2	Jäggi Nora (2013)	90	Jäggi Nora (2013)	55	Jäggi Nora (2013) 135
T3					
JR	Jäggi Nora (2017)	135	Pergola Lorena (15/02/2020)	80	Jäggi Nora (2017) 170
OPEN	Hurte Lindsay (2017)	137.5	Hurte Lindsay (2017)	87.5	Berther Gina (15/02/2020) 180
M1	Zwicky Tanja (2015)	115	Zwicky Tanja (2016)	65	Zwicky Tanja (2016) 147.5
M2	Koch Janine (2017)	65	Koch Janine (2017)	45	Koch Janine (2017) 95
M3					
M4	Kohler Monika (2017)	90	Kohler Monika (2019)	54	Kohler Monika (2018) 110
M5					
M6					
M7					
M8					
M9					
M10					
WOMEN -80KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3	Jäggi Nora SWI (2014 PL WM)	137.5	Jäggi Nora SWI (2014 PL WM)	77.5	Jäggi Nora SWI (2014 PL WM) 207.5
JR	Jäggi Nora SWI (31/10/2015)	140	Jäggi Nora SWI (31/10/2015)	81	Jäggi Nora SWI (31/10/2015) 182.5
OPEN	Kellenberger Katia (2019)	130.5	Malachova Michaela (2019)	86	Biswas Andrea (2019) 170
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
WOMEN -90KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3					
JR					
OPEN	Waterhouse Krysia (15/2/2020)	145	Waterhouse Krysia (15/2/2020)	95	Hatt Alicia (2019) 165
M1					
M2					
M3	Schmutz Gabriela (2017)	85	Schmutz Gabriela (2017)	55	Schmutz Gabriela (2017) 105
M4					
M5					
M6					
M7					
M8					
M9					
M10					

TOTAL	
Miarelli Laila (15/02/2020)	265
Gerhards Claudia (2010)	315
Colette Cailleau (15/02/2020)	215
Gysin Sonja (2016)	203
Gysin Sonja (15/02/2020)	210,5

TOTAL	
Bauder Anja (2019)	302,5
Gerhards Claudia (2010 PL WM)	347,5

TOTAL	
Jaggi Nora (2013)	280
Jaggi Nora (2017)	382,5
Berther Gina (15/02/2020)	382,5
Zwicky Tanja (2015)	322,5
Koch Janine (2017)	205
Kohler Monika (2017)	250

TOTAL	
Jaggi Nora SWI (2014 PL WM)	422,5
Jaggi Nora SWI (31/10/2015)	397,5
Biswas Andrea (2019 PL WM)	367,5

TOTAL	
Waterhouse Krysia (15/2/2020)	400
Schmutz Gabriela (2017)	245

WOMEN +90KG					
	SQUAT		BENCH		DEADLIFT
T1					
T2					
T3					
JR					
OPEN	Svensden Charlotte (15/02/2020)	145	Svensden Charlotte (15/02/2020)	105	Svensden Charlotte (15/02/2020) 192,5
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
MEN -52KG					
	SQUAT		BENCH		DEADLIFT
T1	Gisclon Mickael (2005)	70	Gisclon Michael (2005)	42,5	Gisclon Michael (2005) 100
T2					
T3					
JR					
OPEN	Wyss My (2008)	95	Wyss My (2008)	102,5	Wyss My (2008) 100
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
MEN -56KG					
	SQUAT		BENCH		DEADLIFT
T1	Gisclon Mickael (2006)	100	Gisclon Michael (2006)	67,5	Gisclon Michael (2006) 135
T2					
T3					
JR					
OPEN					
M1					
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
MEN -60KG					
	SQUAT		BENCH		DEADLIFT
T1	Wälti Florian (2005)	95	Wälti Florian (2005)	72,5	Wälti Florian (2005) 105
T2					
T3					
JR					
OPEN					
M1	Charnley Nick (2016)	135	Charnley Nick (2015)	80	Charnley Nick (2016) 162,5
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					
MEN -67.5KG					
	SQUAT		BENCH		DEADLIFT
T1	Wälti Florian (2006)	107,5	Wälti Florian (2006)	75	Wälti Florian (2006) 130
T2					
T3	Paulos Patrick (2017)	145	Paulos Patrick (2017)	82,5	Paulos Patrick (2017) 182,5
JR	Brechbuhler Mike (2016)	150	Sutter Yannick (2017)	97,5	Brechbuhler Mike (2016) 200
OPEN	Velarde Daniel (2019 PL WM)	207,5	Velarde Daniel (2018)	142,5	Velarde Daniel (2019 PL WM) 220
M1	Velarde Daniel (15/02/2020)	200	Velarde Daniel (15/02/2020)	140	Velarde Daniel (15/02/2020) 227,5
M2					
M3					
M4					
M5					
M6					
M7					
M8					
M9					
M10					

[illegible]

MEN -75KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2	Jackman Simeon (2011)	140	Jackman Simeon (2011)	80	Jackman Simeon (2011)	180
T3	Vez Bruno (2012 PL WM)	165	Vez Bruno (2012 PL WM)	125	Vez Bruno (2012 PL WM)	220
JR	Dorizzi Dario (2014)	180	Dorizzi Dario (2014)	125	Dorizzi Dario (2014)	235
OPEN	Favey John (2012 PL WM)	182.5	Favey John (2012 PL EM)	157.5	Dario Dorizzi(2015)	250
M1	Bomberger Daniel (2018)	140	Bomberger Daniel (2018)	92.5	Bomberger Daniel (2018)	210
M2	Brancato Riccardo (2009 EM)	170	Brancato Riccardo (2009 WM)	125	Brancato Riccardo (2009 WM)	200
M3	Fleury José (2012)	147.5	Fleury José (2011)	107.5	Fleury José (2012)	165
M4	Brancato Riccardo	155	Brancato Riccardo	120	Brancato Riccardo	200
M5	Fleury José (15/02/2020)	150	Fleury José (15/02/2020)	97.5	Fleury José (2019 PLW M)	170
M6	Ingold Marcel (2015)	120	Ingold Marcel (2015)	82.5	Ingold Marcel (2015)	160
M7						
M8						
M9						
M10						
MEN -82.5KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2	Calderera Stanislas (2006)	150	Calderera Stanislas (2006)	70	Calderera Stanislas (2006)	180
T3	Zweifel Felix (2016)	160	Zweifel Felix (2016)	100	Zweifel Felix (2016)	190
JR	Dorizzi Dario (2013)	195	Dorizzi Dario (2013)	135	Dorizzi Dario (2013 PL WM)	245
OPEN	Prizeman Edmund (2015)	220	Meral Sinan (2018)	156	Prizeman Edmund (2016)	260
M1	Aebi Markus (2008)	145	Aebi Markus (2008)	120	Bomberger Daniel (15/02/2020)	220
M2	Novak Tom (2018)	170	Brancato Riccardo (2010)	130	Novak Tom (2018)	210
M3	Brancato Riccardo (2011)	185	Brancato Riccardo (2011)	130	Brancato Riccardo (2011)	210
M4	Brancato Riccardo (2015)	160	Fleury José (2015)	117.5	Brancato Riccardo (2015)	200
M5	Gosteli John (2003)	165	Gosteli John (2004)	107.5	Gosteli John (2004)	172.5
M6						
M7						
M8						
M9						
M10						
MEN -90KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2	Nicholas von Klitzing (2019 PL WM)	165	Syed Karim (2016)	130	Nicholas von Klitzing (2019 PL WM)	200
T3	Syed Karim (2017)	160	Syed Karim (2017)	137.5	Syed Karim (2017)	192.5
JR	Torres Cabral Fabio (2018)	220	Torres Cabral Fabio (2018)	142.5	Torres Cabral Fabio (2018)	250
OPEN	Jäggi Niklas (2015)	230	Racioppi Jonathane (2011)	150	Jäggi Niklas (2015)	285
M1	Wissler Thomas (2006)	200	Wissler Thomas (2006)	142.5	Wissler Thomas (2006)	260
M2						
M3						
M4						
M5						
M6	Manz Alfred (2007)	120	Manz Alfred (2006)	65	Manz Alfred (2007)	155
M7						
M8						
M9						
M10						
MEN -100KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3	Karrer Yannis (2013)	160	Karrer Yannis (2013)	120	Karrer Yannis (2013)	232.5
JR	BUCCI Leonardo (2017)	210	Michel-Grosjean Elliot (2018)	152.5	Michel-Grosjean Elliot (2018)	240
OPEN	Gysin Ramon (2017 PL WM)	279	Gongarad Roland (2009)	205	Gysin Ramon (2017 PL WM)	295
M1	Reiner Markus (2006)	192.5	Reiner Markus (2006)	160	Reiner Markus (2006)	250
M2						
M3						
M4						
M5						
M6	Mathers Colin (2019)	85	Mathers Colin (2019)	105	Mathers Colin (2019)	175
M7						
M8						
M9						
M10						
MEN -110KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR	Moor Patrick (15/2/2020)	210	Drescher Lutz (2015)	140	Drescher Lutz (2015)	260
OPEN	Gysin Ramon (2018)	265	Mbassi Vladimir (15/02/2020)	213	Mbassi Vladimir (15/02/2020)	291.5
M1						
M2						
M3	Zybell Sven (2019)	147.5	Zybell Sven (2019)	117.5	Zybell Sven (2019)	175
M4						
M5						
M6	Gosteli John (2005)	145	Gosteli John (2005)	105	Gosteli John (2005)	175
M7						
M8						
M9						
M10						

TOTAL	
Jackman Simeon (2011)	400
Vez Bruno (2012 PL WM)	510
Dorizzi Dario (2014)	540
Favey John (2012 PL EM)	560
Bomberger Daniel (2018)	442,5
Brancato Riccardo (2009 EM)	485
Fleury José (2012)	420
Brancato Riccardo	475
Fleury José (15/02/2020)	412,5
Ingold Marcel (2015)	362,5

TOTAL	
Calderera Stanislas (2006)	400
Zweifel Felix (2016)	450
Dorizzi Dario (2013 PL WM)	577,5
Prizeman Edmund (2016)	635
Aebi Markus (2008)	470
Novak Tom (2018)	485
Brancato Riccardo (2011)	525
Brancato Riccardo (2015)	477,5
Gosteli John (2004)	430

TOTAL	
Syed Karim (2016)	485
Syed Karim (2017)	490
Torres Cabral Fabio (2018)	612,5
Jäggi Niklas (2015)	655
Wissler Thomas (2006)	602,5
Manz Alfred (2007)	340

TOTAL	
Karrer Yannis (2013)	512,5
Michel-Grosjean Elliot (2018)	602,5
Gysin Ramon (2017 PL WM)	735,5
Reiner Markus (2006)	600
Mathers Colin (2019)	360

TOTAL	
Moor Patrick (15/2/2020)	592,5
Mbassi Vladimir (15/02/2020)	754,5
Zybell Sven (2019)	440
Gosteli John (2005)	425

MEN -125KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2	Selcukoglu Ertug (2008)	190	Selcukoglu Ertug (2008)	165	Selcukoglu Ertug (2008)	230
T3						
JR	Walter Michael (2012)	220	Walter Michael (2012)	120	Walter Michael (2012)	260
OPEN	Ortega Michel (2009)	255	Imhof Pascal (15/02/2020)	200	Drescher Lutz (2017)	290
M1	Büchi Christoph (15/02/2020)	252.5	Büchi Christoph (2019 PL WM)	177.5	Büchi Christoph (15/02/2020)	302.5
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						

MEN -145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
OPEN	Jehle Joachim (2005)	225	Jehle Joachim (2005)	160	Jehle Joachim (2005)	225
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						

MEN +145KG						
	SQUAT		BENCH		DEADLIFT	
T1						
T2						
T3						
JR						
OPEN						
M1						
M2						
M3						
M4						
M5						
M6						
M7						
M8						
M9						
M10						

